

Confidential Off-campus Support

***\*\*Please note that this is not necessarily an exhaustive list of resources, and the list may be updated on an ongoing basis. Always feel free to reach out to the [Student Services Coordinator](#) for help navigating off-campus resources.\*\****

#### **DAIS – Domestic Abuse Intervention Services**

Provides free services for survivors of dating/domestic violence and stalking, including emergency shelter, legal advocacy, community education and support groups.

608-251-4445 (24-hour help line)

<https://abuseintervention.org/>

2102 Fordem Avenue

Madison, WI 53704

#### **Forensic Nurse Examiner Program – UnityPoint Health (Meriter)**

Provides confidential medical and forensic examinations for victims of sexual assault and dating violence. FNEP nurses can do examinations for injuries, collect evidence, and offer medications to prevent STIs and/or pregnancy

608-417-5916

<https://www.unitypoint.org/madison/forensic-nurse-examiner-program-.aspx>

Emergency Department

within UnityPoint Health-Meriter Hospital

202 South Park Street

Madison, WI 53715

#### **Rape Crisis Center**

Provides free servicing for survivors of all forms of sexual violence, including medical, legal, and campus advocacy, support groups, individual counseling, community education, and course presentations.

608-251-7273 (24-hour help line)

<https://thercc.org/>

2801 Coho Street, Suite 301

Madison, WI 53718

Campus Office: 7<sup>th</sup> floor, 333 East Campus Mall

**Deaf Unity**

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Provides advocacy for victims of sexual assault, intimate partner violence, and stalking. Advocacy is provided by staff who are Deaf and use American Sign Language. Services include text help line, emotional support, and legal and medical accompaniment.

<https://www.deafunitywi.org/>

Text: 608-466-2881 (9:00 am – 10:00 pm Monday-Friday)

Email: [help@deafunitywi.org](mailto:help@deafunitywi.org)

### **UNIDOS**

Provides direct services to Latina and non-Latina survivors of sexual assault and domestic violence in Dane and surrounding counties, including information and referral, support groups, leadership development, advocacy, peer support, and community organizing.

608-259-9195 (office)

1-800-510-9195 (24/7 help line)

<https://unidoswi.org/en/>

### **Freedom, Inc.**

Provides services that are language-gender-generation and culture-specific to women, gender non-conforming, and youth, in African American and Southeast Asian families. Services to domestic violence and sexual assault victims and survivors include advocacy, outreach, referral, direct services, and support services to victims/survivors and their families.

<https://freedom-inc.org/>

608-416-5337

1810 South Park Street

Madison, WI 53713

### **Room To Be Safe**

A non-emergency lesbian, gay, bisexual, transgender and queer (LGBTQ) resource line that provides information about safety planning and intimate partner violence in LGBTQ relationships and can connect callers to providers in their area. This is not a 24-hour hotline. A call will be answered within 24 hours on weekdays and varying hours on weekends. You can ask for a phone or text response.

<https://www.roomtobesafe.org/>

414-856-LGBT (5428)

### **Off Campus Mental Health Resources:**

Source: <https://www.namiuw.org/on-and-off-campus-help.html>

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### **Journey Mental Health**

Located in Madison, Journey offers individual, group, and family therapy as well as substance use treatment. Journey offers psychiatric and counseling based care and is well equipped to work with a variety of conditions. For more information, visit their website <https://journeymhc.org/> or call 608-280-2720 to schedule an appointment.

### **Psychiatric Services**

Located at 2727 Marshall Court, Psychiatric Services provides individual, couple, and family therapy and counseling as well as psychiatry and cognitive behavioral therapy. Anyone interested can visit their website <http://www.psychsvcs.com/> or call 608-238-9354 to schedule an appointment.

### **Dane County Rape Crisis Center**

The Rape Crisis Center provides resources to anyone affected by recent or past sexual assault including victims, friends, and family. At the Rape Crisis Center, you can find healing and counseling as well as medical, legal, and campus advocacy. Visit their website (<https://thercc.org/>) or call 608-251-5126 to learn more.

### **Domestic Abuse Intervention Services**

DAIS aims to empower those affected by domestic violence and advocate for social change. DAIS provides a 24 hour help line, legal advocacy, support groups, and domestic violence shelter. Contact DAIS at 608-251-1237 or visit their website <http://abuseintervention.org/>.

### **Sankofa Behavioral & Community Health**

Sankofa is a short drive off campus in Monona. Sankofa offers mental health counseling, assessment, case management, culturally-specific counseling, and medication management. SBCH is accessible via phone at 608-285-9101 or online at <http://www.sankofabch.org/index.html>.

### **Access Community Health Centers**

With multiple locations around Madison and a focus on affordable care, Access Community Health Center may be a good option for students. Access provides a variety of behavioral health services including treatment of depression, anxiety, stress, grief, anger, and drug abuse. Visit their website, <http://accesscommunityhealthcenters.org/>, to learn more or call 608-443-5500 to set up an appointment.

## **Hospitals**

If you or a loved one is in need of hospitalization, the following hospitals are equipped to handle in-patient mental health patients. Below are listed the addresses of Madison hospitals, their website, address, and phone number to get more information on their process and in-patient admission.

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**Meriter Hospital-Adult Psychiatry Unit**

608-417-5330

<https://www.unitypoint.org/madison/adult-psychiatry.aspx>

202 S. Park Street, Madison, WI

**St. Mary's Hospital-Psychiatry Unit**

608-251-6100

<https://www.ssmhealth.com/mental-health>

700 S. Park Street, Madison WI

**UW Hospital- In-Patient Psychiatry**

608-263-7525

<https://www.uwhealth.org/mental-health/psychiatry-and-psychology-inpatient-care/49653>

600 Highland Avenue, Madison WI

**Rogers Memorial Hospital**

608-238-4411

<https://rogersbh.org/locations/madison>

406 Science Drive, Suite 110, Madison, WI

**WISPIC (Wisconsin Psychiatric Institute and Clinic)**

608-232-3171

<https://www.uwhealth.org/locations/detail.jsp?locationId=131>

6001 Research Park Blvd., Madison, WI

**Mental Health Hotlines**

**National Suicide Prevention Line**

1-800-273-8255

**Dane County Crisis Line**

1-608-280-2600

**Crisis Text Line**

Text "Start" to 741741

**UHS Crisis Line**

608-265-5600 option 2

**Journey Mental Health 24 Hour Hotline**

608-280-2600